

ADA
Ada NA/Just Us
 3301 N Broadway 74820
 (Reaper Baptist Church)
Mon, Wed, & Fri (O).....8pm
Sat (O).....7pm

Women's H.O.P.E. NA (H)
 301 E Kings Rd 74820
 (1st Presbyterian Church)
Mon & Fri (W/O).....7:30pm

ALTUS
Survivors NA
 317 N Main 73521
 Rm 201
Mon,Thur,& Fri (O).....7pm

Old Skool Recovery
 615 S Navajoe St 72521
Mon—Sun (O).....7pm

CHANDLER
Never Fear NA (H)
 614 Manvel 74834
 (1st Christian Church)
 (Access from back alley)
Mon, Tue, & Thur (O).....8:15pm

EDMOND
33rd Street Recovery (H)
 (Christ Community Church)
 915 E 33rd St 73013
Tue (C).....6:30pm
Sun (O).....6:30pm

EL RENO
Living Free
 208 S. Evans Ave 73036
 (Sacred Heart Catholic Church)
 (Enter in back)
Mon & Fri (O).....7pm

We Do Recovery
 Northwest Community Center
 520 N Grand Ave (enter eastside)
Tue, Wed, & Thur.....7pm

ELK CITY
Elk City NA
 100 S Monroe Suite 18 73644
Mon-Sun (O).....7pm
Sat (O).....Noon
Sun (O).....1pm

GUTHRIE
Serenity Seekers
 402 E Noble Ave 73044
 (First Christian Church)
Mon & Thur (O).....7pm

HOBERT
Junkies R Us
 430 S Hill 73651
Tue & Thur (O).....8pm

JONES
Unity in Recovery
 103 W Boston 73049
Wed (O).....8pm

NEWALLA
Middle of Nowhere
 16733 Winding Creek Dr. 74857
Fri (O).....7:30pm
Sun (O).....4pm

NICOMA PARK
Great News Group
 12256 NE 23rd St 73051
Mon & Wed (C).....7:30pm
Tue,Thur,Fri,& Sat (O)....7:30pm
Sun (O).....1pm
Sun (O).....7:30pm

NORMAN
ACTS (Women's Mtg.) (H)
 1801 W Brooks 73069
 (St. Stephen's Methodist Church)
Sat (W/O).....11am

Living Clean
 1433 W Boyd 73069
 (Generations Church)
Mon (O).....6:30pm

Living Room
 601 24th Ave SW 73069
 (Memorial Presbyterian Church)
 (Enter in the back)
Tue (O).....6:30pm
Thur (C/SS).....6:30pm
Fri (O).....6:30pm

N.O.N.A.G. (H)
 125 Triad Village Dr 73071
Sun (O).....6:30pm

Recovery in Action
 4400 E Alameda St 73026
Mon—Sun (O).....8pm

OKLAHOMA CITY
Freedom
 720 Culbertson Dr 73105
Tue (O).....7 to 8:30pm

Newcomers
 1401 NW25th Wesley United
 Methodist—use back door
Mon—Sun (O).....8pm
Fri (O/CL).....9:30pm
Sat (O).....Noon
Sat (C)(TD).....9:30pm
Sun (O).....Noon

No Grass (H)
 1021 NW 37th 73118
Mon & Thur (O).....6:30pm
Wed (W/O).....6:30pm

S.S.R.I.P. (H)
 4740 S Pennsylvania 73119
Wed,Sat,& Sun (O).....9am
Mon & Tue (O).....Noon
Wed (C).....Noon
Thur, Fri & Sat (O).....Noon
Sun (O).....2pm
Wed, Fri,& Sat (O).....6pm
Mon & Sun (C).....6pm
Tue & Wed (O).....8pm
Thur (C).....8pm
Fri, Sat,& Sun (O).....8pm
Fri & Sat (O).....Midnight

Way Out North (H)
 2717 W Hefner Rd 73120
 (Chapel Hill United Methodist)
 (North parking lot Rm 6-H2)
Tue & Fri O.....7pm

PAOLI
Get Right
 304 W Davis St 73074
 (1st Baptist Church enter east door)
Fri (O).....7pm

PURCELL
New Beginning
 701 W Monroe St 73080
Wed, Fri, & Sat O.....7pm

SEMINOLE
Unity Group
 600 E Strothers Ave (Old Armory)
Mon & Tue (O).....7pm

SHAWNEE
S.O.G.N.A. (H)
 122 N Broadway 74801
Mon — Sat (O).....11:30am
Mon — Sun (O).....7pm
Sun (O).....1pm

STROUD
Recovery on Route 66
 205 W Main St 74079
 (New Covenant Church—north Rm)
Thur, Fri, & Sat (O).....8pm

WEATHERFORD
Surrender to Win (H)
 934 W Main 73096
Mon, Wed, & Fri (O).....8pm

WYNNEWOOD
A Simple Way
 103 North S. Dean A. McGee
Mon —Sat (O).....7pm
Sun (O).....2pm

YUKON
Way Out West (H)
 801 W Vandament Ave 73099
Thur (O)(BT).....7pm
Fri (O)(JFT).....7pm
Sun (O)(LC).....7pm

The Serenity Prayer

*God grant me the serenity
 to accept the things I cannot change;
 courage to change the things I can;
 and wisdom to know the difference.*

Who Is an Addict? Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death.

What is the Primary Purpose of NA? The Primary Purpose of NA is to carry the message to addict who still suffers from the disease of addiction.

What is the NA message? The message is that an addict, any addict, regardless of the drug, can stop using, lose the desire to use and find a new way of live. We abstain from all drugs, including alcohol and marijuana, in order to recover.

What's the basket for? There are no dues or fees to be a member of Narcotics Anonymous. The basket being passed around is one way of practicing our Seventh Tradition, which says, "Every NA group ought to be fully self-supporting, declining outside contributions." The money we collect pays for rent, literature, and refreshments. Through contributions from our groups to various NA service committees, it also helps carry the NA message of recovery in our area and around the world.

What is an "Closed Meeting"? Closed NA meetings are only for addicts or those who think they might have a drug problem. A closed Narcotics Anonymous meeting provides a freedom that is necessary for more personal and intimate sharing by Narcotics Anonymous members. It does so by providing an atmosphere in which addicts can feel more certain that those attending will be able to identify with them, and share their own experience, strength, and hope.

What is an "Open Meeting"? An open meeting is an NA meeting that may be attended by anyone (e.g., judges, probation officers, professionals, family members) interested in how we have found recovery from the disease of addiction. Verbal participation, however, is limited to NA members only. An open meeting in Narcotics Anonymous allows people from outside of the fellowship to observe what Narcotics Anonymous is and how it functions. This can be very helpful to those individuals who are striving to reach a decision regarding their personal status as an addict.

MEETING FORMAT CODES

(O) Open
 (C) Closed
 (W) Women
 (M) Men
 (H) Handicap Accessible
 (NS) Non-smoking
 (CL) Candlelight
 (BT) Basic Text
 (LC) Living Clean
 (SS) Step Study
 (QA) Question & Answer
 (GL) LGBTQ
 (TD) Topic Discussion
 (JFT) Just for Today
 (IW) It Works
 (Y) Young People
 (SPK) Speaker
 (BEG) Beginners Mgt