



**ADA**  
 Ada NA/Just Us  
 3301 N Broadway 74820  
 (Reaper Baptist Church)  
 Mon, Wed, & Fri (O).....8pm  
 Sat (O).....7pm

**Women's H.O.P.E. NA (H)**  
 301 E Kings Rd 74820  
 (1st Presbyterian Church)  
 Mon & Fri (W/O).....7:30pm  
 Sat (W/O).....7pm

**BLACKWELL**  
 Joy of Recovery  
 609 W. Dewey Ave 74635  
 Tue (O)(IW).....7pm  
 Wed (O)(BT).....7pm  
 Fri (O)(LC).....7pm  
 Sat (O)(OT).....7pm  
 4th Fri (O)(SPK) & Eat.....6pm

**CHANDLER**  
 Never Fear NA (H)  
 614 Manvel 74834  
 (1st Christian Church)  
 (Access from back alley)  
 Mon, Tue, & Thur (O).....8:15pm

**CORDELL**  
 Phoenix Group  
 501 N. College 73632  
 (Church of Christ)  
 (use middle door in alley)  
 Mon (O).....7pm  
 Fri (O).....7pm

**EDMOND**  
 33rd Street Recovery (H)  
 (Christ Community Church)  
 915 E 33rd St 73013  
 Tue (C).....6:30pm  
 Sun (O).....6:30pm

**EL RENO**  
 We Do Recovery  
 Northwest Community Center  
 520 N Grand Ave(enter southside)  
 Mon, Tue, Wed, Thur (O).....7pm

**ELK CITY**  
 Elk City NA  
 100 S Monroe Suite 18 73644  
 Sun (O).....1pm  
 Mon - Sat.....Noon  
 Mon, Wed, Thur, Sun (C).....7pm  
 Tue, Fri, Sat (O) (OT).....7pm

**GUTHRIE**  
 Serenity Seekers  
 402 E Noble Ave 73044  
 (First Christian Church)  
 Mon & Thur (O).....7pm

**JONES**  
 Unity in Recovery  
 103 W Boston 73049  
 Wed (O).....8pm

**NICOMA PARK**  
 Great News Group  
 12256 NE 23rd St 73051  
 Mon & Wed (C).....7:30pm  
 Tue, Thur, Fri, & Sat (O).....7:30pm  
 Sun (O).....7:30pm

**NORMAN**  
 ACTS (Women's Mtg.) (H)  
 1801 W Brooks 73069  
 (St. Stephen's Methodist Church)  
 Sat (W/O).....11am

**Living Clean**  
 1433 W Boyd 73069  
 (Generations Church)  
 Mon (O).....6:30pm

**Living Room**  
 601 24th Ave SW 73069  
 (Memorial Presbyterian Church)  
 (Enter in the back)  
 Mon (O)(JFT).....Noon  
 Tue (O).....6:30pm  
 Thur (C/SS).....6:30pm  
 Fri (O).....6:30pm

**N.O.N.A.G. (H)**  
 125 Triad Village Dr 73071  
 Sun (O).....6:30pm

**Recovery in Action**  
 4400 E Alameda St 73026  
 Mon-Sun (O).....8pm

**OKLAHOMA CITY**  
 Freedom  
 720 Culbertson Dr 73105  
 Tue (O).....7 to 8:30pm

**Newcomers**  
 1401 NW25th Wesley United  
 Methodist-use back door 73106  
 Mon-Sun (O).....8pm  
 Fri (C/CL).....9:30pm  
 Sat (O).....Noon  
 Sat (O) See Note\*.....9:30pm  
 Sun (O).....Noon  
 \*Note: No meeting on 2nd Sat

**No Grass (H)**  
 1021 NW 37th 73118  
 (Crown Heights Methodist Church)  
 Mon & Thur (O).....6:30pm  
 Wed (W/O).....6:30pm  
 Wed (M/O).....8pm

**Road to Recovery**  
 2145 SW 42 St. 73119  
 Sat (O).....7:30pm

**S.S.R.I.P. (H)**  
 4740 S Pennsylvania 73119  
 Wed, Sat, & Sun (O).....9am  
 Mon & Tue (O).....Noon  
 Wed (C).....Noon  
 Thur, Fri & Sat (O).....Noon  
 Sun (O).....2pm  
 Wed, Fri, & Sat (O).....6pm  
 Mon & Sun (C).....6pm  
 Tue & Wed (O).....8pm  
 Thur (O).....8pm  
 Fri & Sat (O).....8pm  
 Sun (C).....8pm  
 Fri & Sat (O).....Midnight

**PURCELL**  
 New Beginning  
 400 W. Main 73080  
 (1st Baptist Church)  
 FRI (O).....7pm  
 SAT (O).....7pm

**SHAWNEE**  
 S.O.G.N.A. (H)  
 122 N Broadway 74801  
 Mon - Sat (O).....11:30am  
 Mon - Sun (O).....7pm  
 Sun (O).....1pm

**SAYRE**  
 Sayre NA Group  
 100 S. Broadway 73662  
 Mon (O).....Noon  
 Tue-Fri (O).....8pm  
 Sat & Sun (O).....Noon  
 Sat & Sun (O).....8pm

**SHAWNEE**  
 S.O.G.N.A. (H)  
 122 N. Broadway 74801  
 Mon - Sat (O).....11:30am  
 Mon - Sun (O).....7pm  
 Sun (O).....1pm

**STROUD**  
 Recovery on Route 66  
 205 W Main St 74079  
 (New Covenant Church-north Rm)  
 Thur, Fri, & Sat (O).....8pm

**TISHOMINGO**  
 Stepping Out Group of NA  
 609 North Byrd 73460  
 Mon (O).....7pm

**WYNNEWOOD**  
 A Simple Way  
 103 North S. Dean A. McGee  
 Mon - Sat (O).....7pm  
 Sun (O).....2pm

**YUKON**  
 Way Out West (H)  
 801 W Vandament Ave 73099  
 Thur (O)(BT).....7pm  
 Fri (O)(JFT).....7pm  
 Sun (O)(LC).....7pm

## The Serenity Prayer

*God grant me the serenity  
 to accept the things I cannot change;  
 courage to change the things I can;  
 and wisdom to know the difference.*

**Who Is an Addict?** Most of us do not have to think twice about this question. We know! Our whole life and thinking was centered in drugs in one form or another—the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions, and death.

**What is the Primary Purpose of NA?** The Primary Purpose of NA is to carry the message to addict who still suffers from the disease of addiction.

**What is the NA message?** The message is that an addict, any addict, regardless of the drug, can stop using, lose the desire to use and find a new way of live. We abstain from all drugs, including alcohol and marijuana, in order to recover.

**What's the basket for?** There are no dues or fees to be a member of Narcotics Anonymous. The basket being passed around is one way of practicing our Seventh Tradition, which says, "Every NA group ought to be fully self-supporting, declining outside contributions." The money we collect pays for rent, literature, and refreshments. Through contributions from our groups to various NA service committees, it also helps carry the NA message of recovery in our area and around the world.

**What is an "Closed Meeting"?** Closed NA meetings are only for addicts or those who think they might have a drug problem. A closed Narcotics Anonymous meeting provides a freedom that is necessary for more personal and intimate sharing by Narcotics Anonymous members. It does so by providing an atmosphere in which addicts can feel more certain that those attending will be able to identify with them, and share their own experience, strength, and hope.

**What is an "Open Meeting"?** An open meeting is an NA meeting that may be attended by anyone (e.g., judges, probation officers, professionals, family members) interested in how we have found recovery from the disease of addiction. Verbal participation, however, is limited to NA members only. An open meeting in Narcotics Anonymous allows people from outside of the fellowship to observe what Narcotics Anonymous is and how it functions. This can be very helpful to those individuals who are striving to reach a decision regarding their personal status as an addict.

## MEETING FORMAT CODES

- (O) Open
- (C) Closed
- (W) Women
- (M) Men
- (H) Handicap Accessible
- (NS) Non-smoking
- (CL) Candlelight
- (BT) Basic Text
- (LC) Living Clean
- (SS) Step Study
- (QA) Question & Answer
- (GL) LGBTQ
- (TD) Topic Discussion
- (JFT) Just for Today
- (IW) It Works
- (Y) Young People
- (SPK) Speaker
- (BEG) Beginners Mgt